

National Physical Therapy Study Guide

Physical therapy Physical therapist is the term used for such professionals in the United States, and physiotherapist is the term used in many other countries. Physical therapy (PT), also known as physiotherapy, is a healthcare profession, as well as the care provided by physical therapists who promote, maintain Physical therapy (PT), also known as physiotherapy, is a healthcare profession, as well as the care provided by physical therapists who promote, maintain, or restore health through patient education, physical intervention, disease prevention, and health promotion 8fe97b3f20

Audio therapy Audio therapy is the clinical use of recorded sound, music, or spoken words, or a combination thereof, recorded on a physical medium such as a compact Audio therapy is the clinical use of recorded sound, music, or spoken words, or a combination thereof, recorded on a physical medium such as a compact disc (CD), or a digital file, including those formatted as MP3, which patients or participants play on a suitable device, and to which they listen with intent to experience a subsequent beneficial physiological, psychological, or social effect 8fe97b3f20

As a rule, each therapy has indications and contraindications. There are many different types of therapy. Not all therapies are effective. Many therapies can produce unwanted adverse effects. 8fe97b3f20

Craniosacral therapy CST is a pseudoscience and its practice has been characterized as quackery. Craniosacral therapy (CST) or cranial osteopathy is a form of alternative medicine that uses gentle touch to feel non-existent rhythmic movements of the Craniosacral therapy (CST) or cranial osteopathy is a form of alternative medicine that uses gentle touch to feel non-existent rhythmic movements of the skull's bones and supposedly adjust the immovable joints of the skull to achieve a therapeutic result. It is based on fundamental misconceptions about the anatomy and physiology of the human skull and is promoted as a cure-all for a variety of health conditions 8fe97b3f20

The career has many specialties including musculoskeletal, orthopedics, cardiopulmonary, neurology, endocrinology, sports medicine, geriatrics, pediatrics, women's health, wound care and electromyography. PTs practice in many settings, both public and private. 8fe97b3f20

Equine-assisted therapy Systematic review of studies of EAT as applied to physical health date only to about 2007, and a lack of common terminology and standardization has caused problems with meta-analysis. The existing body of evidence does not justify the promotion and use of equine-related treatments for mental disorders. Equine-assisted therapy (EAT) encompasses a range of treatments that involve activities with horses and other equines to promote human physical and mental Equine-assisted therapy (EAT) encompasses a range of treatments that involve activities with horses and other equines to promote human physical and mental health. Modern use of horses for mental health treatment dates to the 1990s. Due to a lack of high-quality studies assessing the efficacy of equine-assisted therapies for mental health treatment, concerns have been raised that these therapies should not replace or divert resources from other evidence-based mental health therapies 8fe97b3f20

The specific animal-assisted therapy can be classified by the type of animal, the targeted population, and how the animal is incorporated into the therapeutic plan. Various animals have been utilized for animal-assisted therapy, with the most common types being canine-assisted therapy and equine-assisted therapy. 8fe97b3f20 In addition to clinical practice, other aspects of physical therapy practice include research, education, consultation, and health administration... 8fe97b3f20

Therapy rehabilitation therapy by family therapy by education by psychoeducation by information therapy by speech therapy, physical therapy, occupational therapy, vision A therapy or medical treatment is the attempted remediation of a health problem, usually following a medical diagnosis. Both words, treatment and therapy, are often abbreviated tx, Tx, or Tx 8fe97b3f20

A therapist is a person who offers any modality of therapy. Therapist refers to trained professionals engaged in providing services any kind of treatment or rehabilitation. 8fe97b3f20 Music therapy is a broad field. Music therapists use music-based experiences to address client needs in one or more domains of human functioning: cognitive, academic, emotional/psychological; behavioral; communication; social; physiological (sensory, motor, pain, neurological and other physical... 8fe97b3f20

Animal-assisted therapy The goal of this animal-assisted intervention is to improve a patient's social, emotional, or cognitive functioning. Studies have documented some positive effects of the therapy on subjective self-rating scales and on objective Animal-assisted therapy (AAT) is an alternative or complementary type of therapy that includes the use of animals in a treatment. Studies have documented some positive effects of the therapy on subjective self-rating scales and on objective physiological measures such as blood pressure and hormone levels. social, emotional, or cognitive functioning 8fe97b3f20

Treatment and therapy are often synonymous, especially in the usage of health professionals. However, in the context of mental health, the term therapy may refer specifically to psychotherapy. 8fe97b3f20 The World Federation of Occupational Therapists (WFOT) defines occupational therapy as "a client-centred health profession concerned with promoting health and wellbeing through occupation. The primary goal of occupational therapy is... 8fe97b3f20

Aquatic therapy Typically a qualified aquatic therapist gives constant attendance to a person receiving treatment in a heated therapy pool. Aquatic therapy techniques include Ai Chi, Aqua Running, Bad Ragaz Ring Method, Burdenko Method, Halliwick, Watsu, and other aquatic bodywork forms. Therapeutic applications include neurological disorders, spine pain, musculoskeletal pain, postoperative orthopedic rehabilitation, pediatric disabilities, pressure ulcers, and disease conditions, such as osteoporosis. Aquatic physical therapy is also beneficial for older adults for fall prevention, increasing balance, and gait training. Aquatic therapy refers to treatments and exercises performed in water for relaxation, fitness, physical rehabilitation, and other therapeutic benefit Aquatic therapy refers to treatments and exercises performed in water for relaxation, fitness, physical rehabilitation, and other therapeutic benefit 8fe97b3f20

Occupational therapy Ergotherapy is derived from the Greek ergon which is allied to work, to act and to be active. Occupational therapy is based on the assumption that engaging in meaningful activities, also referred to as occupations, is a basic human need and that purposeful activity has a

health-promoting and therapeutic effect. Ergotherapy is derived from the Greek ergon which is allied to work Occupational therapy (OT), also known as ergotherapy, is a healthcare profession. Occupational science, the study of humans as 'doers' or 'occupational beings', was developed by inter-disciplinary scholars, including occupational therapists, in the 1980s. Occupational therapy (OT), also known as ergotherapy, is a healthcare profession 8fe97b3f20

Music therapy " It is also a vocation, involving a deep commitment to music and the desire to use it as a medium to help others. Although music therapy has only been established as a profession relatively recently, the connection between music and therapy is not new. relaxation work, and rhythmic entrainment for physical rehabilitation in stroke survivors. Music therapy is used in medical hospitals, cancer centers, Music therapy, an allied health profession, "is the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program 8fe97b3f20

Use of these animals in therapies has shown positives results... 8fe97b3f20

Virtual reality therapy This technology has a demonstrated clinical benefit as an adjunctive analgesic during burn wound dressing and other painful medical procedures. reality therapy (VRT), also known as virtual reality immersion therapy (VRIT), simulation for therapy (SFT), virtual reality exposure therapy (VRET), Virtual reality therapy (VRT), also known as virtual reality immersion therapy (VRIT), simulation for therapy (SFT), virtual reality exposure therapy (VRET), and computerized CBT (CCBT), is the use of virtual reality technology for psychological or occupational therapy and in affecting virtual rehabilitation. Patients receiving virtual reality therapy navigate through digitally created environments and complete specially designed tasks often tailored to treat a specific ailment; it is designed to isolate the user from their surrounding sensory inputs and give the illusion of immersion inside a computer-generated, interactive virtual environment. Technology 8fe97b3f20

Medical research has found no significant evidence that either CST or cranial osteopathy confers any health benefit, and attempts to manipulate the bones of the skull can be harmful, particularly for children or infants. The basic assumptions of CST are not true, and practitioners produce conflicting and mutually... 8fe97b3f20

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