

Gestalt Therapy An Introduction

Gary Yontef And Lynn Jacobs

Reich's work on character contributed to the development of Anna Freud's *The Ego and the Mechanisms of Defence* (1936), and his idea of muscular armour—the expression of the personality in the way the body moves—shaped innovations such as body psychotherapy, Gestalt therapy, bioenergetic analysis and primal therapy. His writing influenced generations... 1ab6ecf066

Wilhelm Reich "Gestalt Therapy" in Raymond J. Yontef, Gary and Jacobs, Lynn (2010).), *Current Psychotherapies Wilhelm Reich* (; Austrian German: ['vɪlhɛlm 'raɪç]; 24 March 1897 – 3 November 1957) was an Austrian doctor of medicine and a psychoanalyst, a member of the second generation of analysts after Sigmund Freud. The author of several influential books, *The Impulsive Character* (1925), *The Function of the Orgasm* (1927), *Character Analysis* (1933), and *The Mass Psychology of Fascism* (1933), he became one of the most radical figures in the history of psychiatry. Corsini and Danny Wedding (eds. Wayback Machine, *The New York Times* 1ab6ecf066

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