

Occupational Self Assessment Manual

Occupational therapist Occupational therapists (OTs) are health care professionals specializing in occupational therapy and occupational science. OTs and occupational therapy Occupational therapists (OTs) are health care professionals specializing in occupational therapy and occupational science. They enable individuals across the lifespan by optimizing their abilities to perform activities that are meaningful to them ("occupations"). OTs have training in the physical, psychological, and social aspects of human functioning deriving from an education grounded in anatomical and physiological concepts, and psychological perspectives. OTs and occupational therapy assistants (OTAs) use scientific bases and a holistic perspective to promote a person's ability to fulfill their daily routines and roles. Human occupations include activities of daily living, work/vocation, play, education, leisure, rest and sleep, and social participation 6b29ad8d84

Occupational safety and health e. Occupational safety and health (OSH) or occupational health and safety (OHS) is a multidisciplinary field concerned with the safety, health, and welfare Occupational safety and health (OSH) or occupational health and safety (OHS) is a multidisciplinary field concerned with the safety, health, and welfare of people at work (i. , while performing duties required by one's occupation). OSH is related to the fields of occupational medicine and occupational hygiene and aligns with workplace health promotion initiatives. OSH also protects all the general public who may be affected by the occupational environment 6b29ad8d84

Risk assessment e. regulates food safety through risk assessment, while the EFSA does the same in EU. Judgments "on the tolerability of the risk on the basis of a risk analysis" (i. An occupational risk assessment is an evaluation of how much potential Risk assessment is a process for identifying hazards, potential (future) events which may negatively impact on individuals, assets, and/or the environment because of those hazards, their likelihood and consequences, and actions which can mitigate these effects. risk evaluation) also form part of the process. Hazard analysis forms the first stage of a risk assessment process. The output from such a process may also be called a risk assessment. The results of a risk assessment process may be expressed in a quantitative or qualitative fashion 6b29ad8d84

Risk assessment forms a key part of a broader risk management strategy to help reduce any potential risk-related consequences. 6b29ad8d84

Workplace health surveillance S.) is the ongoing systematic collection, analysis, and dissemination of exposure Workplace health surveillance or occupational health surveillance (U. S.) is the ongoing systematic collection, analysis, and dissemination of exposure and health data on groups of workers. Workplace health surveillance or occupational health surveillance (U. The Joint ILO/WHO Committee on Occupational Health at its 12th Session in 1995 defined an occupational health surveillance system as "a system which includes a functional capacity for data collection, analysis and dissemination linked to occupational health programmes" 6b29ad8d84

The scale was included in the Diagnostic and Statistical Manual of Mental Disorders (DSM) version 4 (DSM-IV), but replaced in DSM-5 with the World Health Organization Disability Assessment Schedule (WHODAS), a survey or interview with detailed items. The WHODAS is considered more detailed and objective than a single global impression. The main advantage of the GAF is its brevity. 6b29ad8d84 According to the official estimates of the United Nations, the WHO/ILO Joint Estimate of the Work-related Burden of Disease and Injury, almost 2 million people die each year due to exposure to occupational risk factors. Globally, more than 2.78 million people die annually as a result of workplace-related accidents or diseases, corresponding... 6b29ad8d84 OTs work in a variety of fields... 6b29ad8d84

Occupational therapy Occupational therapy is based on the assumption that engaging in meaningful activities, also referred to as occupations, is a basic human need and that purposeful activity has a health-promoting and therapeutic effect. Ergotherapy is derived from the Greek ergon which is allied to work, to act and to be active. Occupational science, the study of humans as 'doers' or 'occupational beings', was developed by inter-disciplinary scholars, including occupational therapists, in the 1980s. Occupational therapy (OT), also known as ergotherapy, is a healthcare profession. Ergotherapy is derived from the Greek ergon which is allied to work, Occupational therapy (OT), also known as ergotherapy, is a healthcare profession 6b29ad8d84

Global Assessment of Functioning Global Assessment of Functioning (GAF) is a numeric scale used by mental health clinicians and physicians to rate subjectively the social, occupational, and The Global Assessment of Functioning (GAF) is a numeric scale used by mental health clinicians and physicians to rate subjectively the social, occupational, and psychological functioning of an individual, i. e. Scores range from 100 (extremely high functioning) to 1 (severely impaired). , how well one is meeting various problems in living 6b29ad8d84

However, national health bodies in some European countries do recognise it as such, and it is also independently recognised by some health... 6b29ad8d84

Occupational burnout ". " It is classified as an occupational phenomenon but is not recognized by the WHO as a medical or psychiatric condition. According to the WHO, symptoms include "feelings of energy depletion or exhaustion; increased mental distance from one's job, or feelings of negativism or cynicism related to one's job; and reduced professional efficacy. Social psychologist Christina Maslach and colleagues made clear that burnout does not constitute "a single, one-dimensional phenomenon. The ICD-11 of the World Health Organization (WHO) describes occupational burnout as a work-related phenomenon resulting from chronic workplace stress that The ICD-11 of the World Health Organization (WHO) describes occupational burnout as a work-related phenomenon resulting from chronic workplace stress that has not been successfully managed 6b29ad8d84

Psychological testing The science behind psychological testing is psychometrics. include self-report and observer-report scales. Psychological tests are administered or scored by trained evaluators. Scores are thought to reflect individual or group differences in the theoretical construct the test purports to measure. Examples of norm-referenced personality tests include the NEO-PI, the 16PF Questionnaire, the Occupational Personality Psychological testing refers to the administration of psychological tests. A person's responses are evaluated according to carefully prescribed guidelines 6b29ad8d84

Career assessment career counselors. A self-assessment can be a useful tool in Career assessments are tools that are designed to help individuals understand how a variety of personal attributes (i. Career assessments have played a critical role in career development and the economy in the 20th century (Whiston and Rahardja, 2005). e. , data values, preferences, motivations, aptitudes and skills), impact their potential success and satisfaction with different career options and work environments. Career assessments are designed to discover the skills, aptitude and talents of candidates. Individuals or organizations often use assessment of some or all of these attributes, such as university career service centers, career counselors, outplacement companies, corporate human resources staff, executive coaches, vocational rehabilitation counselors, and guidance counselors to help individuals make more informed career decisions 6b29ad8d84

In part, the popularity of this tool in... 6b29ad8d84 The concept is new to occupational health and is frequently confused with medical screening. Health screening refers to the early detection and treatment of diseases associated with particular occupations, while workplace health surveillance refers to the removal of the causative factors. 6b29ad8d84

Canadian model of occupational performance and engagement It is applied by the accompanying Occupational Performance Process Model, which describes the therapeutic process from a client's perspective. Spirituality is the fourth dimension, placed in the centre of the model to highlight its fundamental importance. The Canadian Model of Occupational Performance and Engagement (CMOP-E) was developed by the Canadian Association of Occupational Therapists in 1997, and The Canadian Model of Occupational Performance and Engagement (CMOP-E) was developed by the Canadian Association of Occupational Therapists in 1997, and describes transactions and mutual influences between the dimensions of occupational performance. The main model illustrates the relationship between person, occupation and environment 6b29ad8d84

The World Federation of Occupational Therapists (WFOT) defines occupational therapy as "a client-centred health profession concerned with promoting health and wellbeing through occupation. The primary goal of occupational therapy is... 6b29ad8d84

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