

International Dietetics Nutrition Terminology

Reference

The objectives and benefits of school meals vary. In developing countries, school meals provide food security at times of crisis and... 29adc8445c

Bachelor's degree Science in Nutrition and Dietetics (BSND), Bachelor of Food Science and Nutrition (BFSN) Specific areas of study include clinical nutrition, food technology A bachelor's degree (from Medieval Latin baccalaureus) or baccalaureate (from Modern Latin baccalaureatus) is an undergraduate degree awarded by colleges and universities upon completion of a course of study lasting three to six years (depending on the institution and academic discipline). In some institutions and educational systems, certain bachelor's degrees can only be taken as graduate or postgraduate educations after a first degree has been completed, although more commonly the successful completion of a bachelor's degree is a prerequisite for further courses such as a master's or a doctorate. The two most common bachelor's degrees are the Bachelor of Arts (BA) and the Bachelor of Science (BS or BSc) 29adc8445c

Flatulence 24 (5): 487–95. 2011. PMID 21615553 Flatulence is the expulsion of gas from the intestines via the anus, commonly referred to as farting. 1365-277X. Journal of Human Nutrition and Dietetics. 1111/j. x. A proportion of intestinal gas may be swallowed environmental air; hence, flatus is not entirely generated in the stomach or bowels. advice in patients with irritable bowel syndrome". The scientific study of this area of medicine is termed flatology. "Flatus" is the medical word for gas generated in the stomach or bowels. 01162. doi:10 29adc8445c

Anemia The name is derived from Ancient Greek ἀν- (an-) 'not' and αἷμα (haima) 'blood'. x Anemia (also spelt anaemia in British English) is a blood disorder in which the blood has a reduced ability to carry oxygen. malnutrition in paediatric inflammatory bowel disease". Journal of Human Nutrition and Dietetics (Review). 01171. 24 (4): 313–326. 1365-277X. 2011. 1111/j. doi:10. This can be due to a lower than normal number of red blood cells, a reduction in the amount of hemoglobin available for oxygen transport, or abnormalities in hemoglobin that impair its function 29adc8445c

In contrast to identity-first language, person-first language avoids using labels or adjectives to define someone, using terms such as "a person with diabetes" instead of "a diabetic... 29adc8445c

Conformity This tendency to conform occurs in small groups and/or in society as a whole and may result from subtle unconscious influences (predisposed state of mind), or from direct and overt social pressure. Journal of the Academy of Nutrition and Dietetics. 009. 114 (3): 414–429. Norms are implicit, specific rules, guidance shared by a group of individuals, that guide their interactions with others. Conformity can occur in the presence of others, or when an individual is alone. Thus, conformity is sometimes a product of group communication. doi:10. 11. 1016/j. 2013. People often choose to conform to society rather than to pursue personal desires – because it is often easier to follow the path others have made already, rather than forging a new one. PMID 24388484 Conformity or conformism is the act of matching attitudes, beliefs, and behaviors to group norms, politics or being like-minded. Informational Eating Norms on Eating Behavior". jand. For example, people tend 29adc8445c

A sattvic diet is a regimen that places emphasis on seasonal foods, fruits... 29adc8445c

Sattvic diet 9 (3): 147–153. "Place of Nutrition in Yoga". A sattvic diet is sometimes referred to as a yogic diet in modern literature. Chapter 8: The Sattvic Diet, pages 107-132 Desai, B. PMC 3331325. Ancient Science of Life. (1990). PMID 22557690 A sattvic diet is a type of plant-based diet within Ayurveda where food is divided into what is defined as three yogic qualities (guna) known as sattva. In this system of dietary classification, foods that decrease the energy of the body are considered tamasic, while those that increase the energy of the body are considered rajasic. P 29adc8445c

Disciplines vary between universities and even programs. These will have well-defined rosters of journals and conferences supported by a few universities and publications. Most disciplines are broken down into (potentially overlapping) branches called sub-disciplines. 29adc8445c A sattvic diet shares the qualities of sattva, some of which include "pure, essential, natural, vital, energy-containing, clean, conscious, true, honest, wise". A sattvic diet can also exemplify ahimsa, the principle of not causing harm to other living beings. This is one reason yogis often follow a vegetarian diet. 29adc8445c When anemia comes on slowly, the symptoms are often vague, such as tiredness, weakness, shortness of breath, headaches, and a reduced ability to exercise. When anemia is acute, symptoms may include confusion, feeling like one is going to pass out, loss of consciousness, and increased thirst. Anemia must be significant before a person becomes noticeably pale. Additional symptoms may occur depending... 29adc8445c

Omega–3 fatty acid ALA can be found in plants, while DHA and EPA are found in algae and fish. Common sources of plant oils containing. PMID 23078460 Omega–3 fatty acids, also called omega–3 oils, ω–3 fatty acids or n–3 fatty acids, are polyunsaturated fatty acids (PUFAs) characterized by the presence of a double bond three atoms away from the terminal methyl group in their chemical structure. adults: systematic review of cohort studies". 1365-277X. Marine algae and phytoplankton are primary sources of omega–3 fatty acids. Journal of Human Nutrition and Dietetics. doi:10. They are widely distributed in nature, are important constituents of animal lipid metabolism, and play an important role in the human diet and in human physiology. 2012. 1111/j. DHA and EPA accumulate in fish that eat these algae. The three types of omega–3 fatty acids involved in human physiology are α-linolenic acid (ALA), eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). 01283. 26 (1): 56–70. x 29adc8445c

People-first language It is intended to avoid marginalization or dehumanization (either consciously or subconsciously) when discussing people with a chronic illness or disability. In people-first People-first language (PFL), also called person-first language, is a type of linguistic prescription which puts a person before a diagnosis, describing what condition a person

"has" rather than asserting what a person "is". Society, American Society of Bariatric Physicians, Academy of Nutrition and Dietetics, and the American Academy of Orthopaedic Surgeons. It can be seen as a type of disability etiquette but person-first language can also be more generally applied to any group that would otherwise be defined or mentally categorized by a condition or trait (for example, race, age, or appearance) 29adc8445c

Human nutrition Poor nutrition is a chronic problem often linked to poverty, food security, or a poor understanding of nutritional requirements. Good nutrition is necessary for children to grow physically and mentally, and for normal human biological development. antioxidants List of phytochemicals Academy of Nutrition and Dietetics American Society for Nutrition British Dietetic Association Food and Drug Administration Human nutrition deals with the provision of essential nutrients in food that are necessary to support human life and good health. Malnutrition and its consequences are large contributors to deaths, physical deformities, and disabilities worldwide 29adc8445c

List of academic fields That person will be accredited by learned societies to which they belong along with the academic journals in which they publish. Health informatics/Clinical informatics Music therapy Nursing Nutrition (outline) and dietetics Optometry Orthoptics Osteopathy Physiotherapy Occupational An academic discipline or field of study is known as a branch of knowledge. It is taught as an accredited part of higher education. A scholar's discipline is commonly defined and recognized by a university faculty. However, no formal criteria exist for defining an academic discipline 29adc8445c

Passing gas is a normal bodily process. Flatus is brought to the rectum and pressurized by muscles in the intestines. It is normal to pass flatus ("to fart"), though volume and frequency vary greatly among individuals. It is also normal for intestinal gas to have a feculent or unpleasant odor, which may be intense. The noise commonly associated with flatulence is produced by the anus and buttocks, which act together in a manner... 29adc8445c In countries with qualifications frameworks, bachelor's degrees are normally one of... 29adc8445c

School meal doi:10. An estimated 380 million school children around the world receive meals (or snacks or take-home rations) at their respective schools. x. The extent of school feeding coverage varies from country to country, and as of 2020, the aggregate coverage rate worldwide is estimated to be 27% (and 40% specifically for primary school-age children). 22 (2): 89–99. 00941. 1111/j. Countries around the world offer various kinds of school meal programs, and altogether, these are among the world's largest social safety nets. Journal of Human Nutrition and Dietetics. PMID 19302115 A school meal (whether it is a breakfast, lunch, or evening meal) is a meal provided to students and sometimes teachers at a school, typically in the middle or beginning of the school day. 2008. and review of school meal standards in the UK" 1365-277X 29adc8445c

There is no consensus on how some academic disciplines should be classified (e.g., whether anthropology and linguistics... 29adc8445c

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