

Shotokan Karate Free Fighting Techniques

Gigō Funakoshi Gichin Funakoshi transformed karate from a purely self-defense fighting technique to a philosophical Gigō Funakoshi (Japanese: 船橋 剛, Hepburn: Funakoshi Gigō, Funakoshi Yoshitaka) (1906 – 24 November 1945) was the third son of Gichin Funakoshi (the founder of Shotokan karate) and is widely credited with developing the foundation of the modern karate Shotokan style. within the Shotokan organization teaching in various universities e96747c9dd

Hironori Ōtsuka own karate school the Dai Nippon Karate Shinko Kai at 63 Banchi Suehiro-Cho, Kanda, Tokyo. He was the first Grand Master of Wadō-ryū karate, and received high awards within Japan for his contributions to karate. He blended Shotokan karate with his knowledge of Shindō Yōshin-ryū Hironori Ōtsuka (大塚 弘典, Ōtsuka Hironori; June 1, 1892 – January 29, 1982)[a] was a Japanese master of karate who created the Wadō-ryū style of karate e96747c9dd

In contemporary context, many Korean martial arts entities continued to use Tang Soo Do to preserve the elements of Korean martial arts that evolved from the original nine kwans' karate roots and were lost in transition to taekwondo. The techniques of what is commonly known as Tang Soo Do combine elements of Shōtōkan, Subak, Taekkyon, and Kung Fu. e96747c9dd

Kenkojuku It was founded by Tomosaburo Okano. Kenkojuku karate is Kenkojuku is a style of Shotokan karate previous to the establishment of the Japan Karate Association (JKA) style. Okano's/Yoshitaka's Kenkojuku karate and JKA karate are becoming more similar compared to other variants of Shotokan karate such as Shigeru Egami's Shotokai, Hirokazu Kanazawa's Shotokan Karate International or SKI. of Shotokan karate previous to the establishment of the Japan Karate Association (JKA) style. It was founded by Tomosaburo Okano. Kenkojuku karate is similar to the teachings of Gichin Funakoshi and modifications made by Funakoshi's son Yoshitaka Funakoshi. JKA Shotokan differs slightly in that it was Masatoshi Nakayama's version of Shotokan

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Funakoshi had many students at the university clubs and outside dojos, who continued to teach karate after his death in 1957. However, internal disagreements (in particular the notion that competition is contrary to the essence of karate) led to the creation of different organisations—including an initial split between the Japan Karate Association... e96747c9dd based on karate which can include fighting principles from taekkyeon, subak, as well as northern Chinese martial arts. From its beginnings in 1944 to today, Tang Soo Do is used by some Kwans to identify the traditional Korean fusion of fighting styles. In the mid 1950s, it became the basis for the martial art taekwondo when the Korean Nine Kwans united. e96747c9dd

Karate While modern karate is primarily a striking art that uses punches and kicks, traditional karate training also employs throwing and joint locking techniques. return the practice of Shotokan Karate to its martial roots, reintroducing among other things open hand and throwing techniques that had been side lined Karate (空手) (; Japanese pronunciation: [karate] ; Okinawan pronunciation: [karati]), also karate-do (空手道, Karate-dō), is a martial art developed in the Ryukyu Kingdom. A karate practitioner is called a karate-ka (空手家). It developed from the indigenous Ryukyuan martial arts (called te (手), "hand"; tī in Okinawan) under the influence of Chinese martial arts e96747c9dd

Yakusoku Kumite Forms However, traditional karate organisations such as Shotokan Karate Union and Shotokan Karate-do International Federation, Japan Karate Association that follow the budo form of jiyu kumite incorporate the yakusoku kumite forms within their grading syllabus. However, traditional karate organisations such as Shotokan Karate Union and Shotokan Karate-do International Federation, Japan Karate Association that follow In karate, yakusoku kumite (from Japanese 約束 yakusoku 'promise' Kumite 組手 'grappling hands') is the group of pre-arranged karate sparring forms that are designated to equip the practitioner with the essential skills required to perform any of the jiyu 自由 ('free') Kumite sparring forms. When an extreme sporting application of jiyu kumite, such as in a full contact mixed martial arts contest, is the exclusive training focus of the participant, then the practice of the more basic forms of yakusoku kumite tend to be neglected e96747c9dd

Kumite can be used to develop a particular technique or a skill (e.g. effectively judging and adjusting one's distance from one's opponent) or it can be done in competition. e96747c9dd

Tang Soo Do su. The techniques of what is commonly known as Tang Soo Do combine elements of Shōtōkan, Subak Tang Soo Do (Korean: 태권도; Hanja: 跆拳道; pronounced [taŋ. kwansɔ̌]) karate roots and were lost in transition to taekwondo. do]) is a Korean martial art e96747c9dd

Beginning in the 1300s, early Chinese martial artists brought their techniques to Okinawa. Despite the Ryukyu Kingdom being turned into a puppet state by Japanese samurai in 1609, after the Invasion of Ryukyu, its cultural ties to China remained strong. Since Ryukyans were banned from... e96747c9dd

Keinosuke Enoda He was a former Chief Instructor of the Karate Union of Great Britain. Following his death, Enoda was posthumously awarded the rank of 9th dan. Shotokan Karate: 5th Kyu to Black Belt (1996), Karate: Defence & attack (1996, co-authored), and Shotokan Karate: Free Fighting Techniques (1999, co-authored) Keinosuke Enoda (恩田 健次郎, Enoda Keinosuke; 4 July 1935 – 29 March 2003) was a Japanese master of Shotokan karate. Enoda was ranked 8th dan in Shotokan karate, and was widely renowned as a formidable karateka (practitioner of karate) e96747c9dd

Shotokan Shotokan (空手道, Shōtōkan) is a style of karate, developed from various martial arts by Gichin Funakoshi (1868–1957) and his son Gigo (Yoshitaka) Funakoshi Shotokan (空手道, Shōtōkan) is a style of karate, developed from various martial arts by Gichin Funakoshi (1868–1957) and his son Gigo (Yoshitaka) Funakoshi (1906–1945). Gichin Funakoshi was born in Okinawa and is widely credited with popularizing "karate do" through a series of public demonstrations, and by promoting the development of university karate clubs, including those at Keio, Waseda, Hitotsubashi (Shodai), Takushoku, Chuo, Gakushuin, and Hosei e96747c9dd

Kumite of sparring, it covers a vast range of activities. Kumite is the part of karate in which a person trains against an adversary. In traditional Shotokan karate, the first type of kumite for beginners is gohon kumite. The defender Kumite (Japanese: 寝手, literally "grappling hands") is one of the three

main sections of karate training, along with kata and kihon
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American Tang Soo Do Tang Soo Do combined the Korean martial art of Tang Soo Do (Moo Duk Kwan) with Japanese styles of Judo, Shito-ryu Karate and Shotokan Karate. Over the years it has been further developed by former black belts of his and their students. training with Shotokan Karate masters Tsutomu Ohshima and Hidetaka Nishiyama, Shitō-ryū Karate instructor Fumio Demura, American Kenpo Karate founder Ed American Tang Soo Do is a hybrid martial art brought to the US by Shin Jae Chul who was sent to Springfield, NJ by Hwang Kee in the mid-60's e96747c9dd

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