

Affect Imagery Consciousness

Psychological affect theory is usually attributed to the psychologist Silvan Tomkins, introduced in the first two volumes of his book *Affect Imagery Consciousness* (1962). Tomkins uses the concept of affect to refer to the "biological portion... Discrete emotion theory states that these specific core emotions are biologically determined emotional responses whose expression and recognition is fundamentally the same for all...

Positive affectivity Tomkins, S. Positive affectivity (PA) is a human characteristic that describes how much people experience positive affects (sensations, emotions, sentiments); and as a consequence how they interact with others and with their surroundings. I). *Affect, imagery, consciousness*. Oxford, New York: Oxford University Press. New York, NY: Springer Publishing Company, Inc. (Vol. (1962). S

Affect theory Definitions and applications vary across psychology, psychoanalysis, neuroscience, medicine, interpersonal communication, literary theory, critical theory, media studies, and gender studies, among other fields. affect theory is usually attributed to the psychologist Silvan Tomkins, introduced in the first two volumes of his book *Affect Imagery Consciousness* (1962) Affect theory may refer to theories from philosophy, psychology, or the humanities

Those having low levels of positive affectivity (and high levels of negative affectivity) are characterized by sadness, lethargy...

Neural correlates of consciousness reflection of these, as in imagery) and takes time to decide on appropriate thoughts and responses. Neuroscientists use empirical approaches to discover neural correlates of subjective phenomena; that is, neural changes which necessarily and regularly correlate with a specific experience. Without such a consciousness mode, a vast number of different The neural correlates of consciousness (NCC) are the minimal set of neuronal events and mechanisms sufficient for the occurrence of the mental states to which they are related

The practitioner or teacher may facilitate this process in person to an individual or a group or you may do it with a virtual group... The topic of animal consciousness is beset with a number of difficulties. It poses the problem of other minds in an especially severe form because animals, lacking the ability to use human language, cannot communicate their experiences. It is also difficult to reason objectively...

Silvan Tomkins Following the publication of the third volume of his book *Affect Imagery Consciousness* in 1991, his body Silvan Solomon Tomkins (June 4, 1911 – June 10, 1991) was an American psychologist and personality theorist who developed both affect theory and script theory. Following the publication of the third volume of his book *Affect Imagery Consciousness* in 1991, his body of work received renewed interest, leading to attempts by others to summarize and popularize his theories. developed both affect theory and script theory

Animal consciousness Animal consciousness, or animal awareness, is the quality or state of self-awareness within an animal, or of being aware of an external object or something Animal consciousness, or animal awareness, is the quality or state of self-awareness within an animal, or of being aware of an external object or something within itself. In humans, consciousness has been defined as: sentience, awareness, subjectivity, qualia, the ability to experience or to feel, wakefulness, having a sense of selfhood, and the executive control system of the mind. Despite the difficulty in definition, many philosophers believe there is a broadly shared underlying intuition about what consciousness is

Affect consciousness Affect consciousness (or affect integration a more generic term for the same phenomenon) refers to an individual's ability to consciously perceive, - Affect consciousness (or affect integration - a more generic term for the same phenomenon) refers to an individual's ability to consciously perceive, tolerate, reflect upon, and express affects. These four abilities are operationalized as degrees of awareness, tolerance, emotional (nonverbal) expression, and conceptual (verbal) expression of each of the following eleven affect categories:

Hypnagogia Mental phenomena that may occur during this "threshold consciousness" include hallucinations, lucid dreaming, and sleep paralysis. Its corresponding state is hypnopompia – Hypnagogia is the transitional state from wakefulness to sleep, also defined as the waning state of consciousness during the onset of sleep. Its corresponding state is hypnopompia – sleep to wakefulness. state from wakefulness to sleep, also defined as the waning state of consciousness during the onset of sleep

The Affect Consciousness Interview (ACI) (Monsen et al., 2008), a semi-structured interview, is used to evaluate an individual's affect consciousness. The ACI evaluates the individual's awareness, tolerance, emotional expression, and conceptual expression of each of the affect categories are evaluated using a nine-point Affect Consciousness Scale (ACS), with the most current version containing eleven affect... People with high positive affectivity are typically enthusiastic, energetic, confident, active, and alert. Research has linked positive affectivity with an increase in longevity, better sleep, and a decrease in

stress hormones. People with a high positive affectivity have healthier coping styles, more positive self-qualities, and are more goal oriented. Positive affectivity also promotes an open-minded attitude, sociability, and helpfulness. 9e24c00def

Postponement of affect 84 delayed emotional response, [delayed emotional response] Silvan Tomkins, Affect Imagery Consciousness (1962) Postponement of affect is a defence mechanism which may be used against a variety of feelings or emotions. Such a "temporal displacement, resulting simply in a later appearance of the affect reaction and in thus preventing the recognition of the motivating connection, is most frequently used against the effects of rage (or annoyance) and grief". Highly Sensitive Person (London 1999) p 9e24c00def

In psychology, affect is a theory that seeks to organize affects, sometimes used interchangeably with emotions or subjectively experienced feelings, into discrete categories and to typify their physiological, social, interpersonal, and internalized manifestations. 9e24c00def

Discrete emotion theory E. Izard, C. Tomkins, Silvan S. For example, Silvan Tomkins (1962, 1963) concluded that there are nine basic affects which correspond with what we come to know as emotions: interest, enjoyment, surprise, distress, fear, anger, shame, dissmell (reaction to bad smell) and disgust. More recently, Carroll Izard at the University of Delaware factor analytically delineated 12 discrete emotions labeled: Interest, Joy, Surprise, Sadness, Anger, Disgust, Contempt, Self-Hostility, Fear, Shame, Shyness, and Guilt (as measured via his Differential Emotions Scale or DES-IV). I, The Positive Affects. London: Tavistock. ; Libero Discrete emotion theory is the claim that there is a small number of core emotions. (1963), Affect Imagery Consciousness: Volume II, The Negative Affects 9e24c00def

Guided imagery Guided imagery (also known as guided affective imagery, or katathym-imaginative psychotherapy) is a mind-body intervention by which a trained practitioner Guided imagery (also known as guided affective imagery, or katathym-imaginative psychotherapy) is a mind-body intervention by which a trained practitioner or teacher helps a participant or patient to evoke and generate mental images that simulate or recreate the sensory perception of sights, sounds, tastes, smells, movements, and images associated with touch, such as texture, temperature, and pressure, as well as imaginative or mental content that the participant or patient experiences as defying conventional sensory categories, and that may precipitate strong emotions or feelings in the absence of the stimuli to which correlating sensory receptors are receptive 9e24c00def

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